



SERGEANT DAVID V. MORENO
son of the editor and Mrs. Valentine Moreno, was recently awarded the Air Force Commendation Medal for meritorious service as a Sentry Dog Handler, Cam Ranh Bay Air Base, in Vietnam, Feb. 1967 to Feb. 1968.

During this period, Sgt. Moreno's outstanding professional skill and initiative aided immeasurably in identifying and solving numerous problems encountered in the accomplishment of his duties. The energetic application of his knowledge has played a significant role in contributing to the success of the U.S. Air Force mission in Southeast Asia. The distinctive accomplishments of Sgt. Moreno reflect credit upon himself and the U.S. Air Force.

CHING CHUAN KANG, Taiwan-Sergeant Charles R. Watts, son of Mr. and Mrs. Ray H. Watts, 2721 W. Castour St., Santa Ana, Calif. has arrived for duty at Ching Chuan Kang AB, Taiwan.

Sergeant Watts, a fuels specialist, is assigned to a unit of the Pacific Air Forces. He previously served at Andersen AFB, Guam.

The sergeant, a 1965 graduate of Santa Ana Valley Senior High School, attended Orange Coast junior college, Costa Mesa, Calif. and Westfield (Mass.) State College.

his wife, Tami, is the daughter of Mr. and Mrs. Charles L. Astifan, 34 S. Park Ter., Agawam, Mass.

AGAWAM GARDEN CLUB MEETS TUESDAY

The August meeting of the Agawam Garden Club will be held on Tuesday, the 13th at the Captain Charles Leonard House at 7:45 P.M. Mr. Louis Allesio, landscape designer from Adams Nursery will give an illustrated talk on "Planning and Planting Shopping Centers". His slides will include the planning and construction of Hartford's Constitution Plaza, planning of Bay State West, and moving a large tree to Eastfield Mall. This program will be of particular interest to men, and husbands and friends are cordially invited. The business meeting preceding the program will be conducted by President, Mrs. Donald George, and refreshments will be served at the social period following the lecture.

SOMETHING NEW IN PIPELINES

They're treating gas mains with latex, and although the process sounds similar to the well-known, self-sealing automobile tire, it's not exactly the same. Carl Tyburski, Street Department Foreman at the Springfield Gas Light Company, gave details on the process today at Page Boulevard where a section of pipeline is under treatment.

"Named Con-Seal, the process is designed to make unnecessary much of the digging that used to take place during the Company's routine clamping program." "Previously we dug up the joints in older, low pressure mains to clamp them," Carl

"continued on P. 3"

THE AGAWAM NEWS INC.

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WHAT'S IN THE SALAD BOWL?

Lettuce, tomatoes and perhaps a dash of Malathion? Malathion, is an organic phosphate which is used in aerial mosquito spraying, is contained in many garden and household insecticides, and as every enterprising salesman would have you believe, is entirely harmless. It's a poison, but it is harmless.

"The alleged 'safety' of malathion rests on rather precarious ground, although - as often happens - this was not discovered until the chemical had been in use for several years. Malathion is 'safe' only because the mammalian liver, an organ with extraordinary protective powers, renders it relatively harmless. The detoxification is accomplished by one of the enzymes of the liver. If, however, something destroys this enzyme or interferes with its action, the person exposed to malathion receives the full force of the poison.

Unfortunately for all of us, opportunities for this sort of thing to happen are legion. A few years ago a team of Food and Drug Administration scientists discovered that when malathion and certain other organic phosphates are administered simultaneously a massive poisoning results - up to 50 times as severe as would be predicted on the basis of adding together the toxicities of the two. In other words, 1/100 of the lethal dose of each compound may be fatal when the two are combined.

This discovery led to the testing of other combinations. It is now known that many pairs of organic phosphate insecticides are highly dangerous, the toxicity being stepped up or "potentiated" through the combined action. Potentiation seems to take place when one compound destroys the liver enzyme responsible for detoxifying the other. The two need not be given simultaneously. The hazard exists not only for the man who may spray this week with one insecticide and next week with another; it exists also for the consumer of sprayed products. The common salad bowl may easily present a combination of organic phosphate insecticides. Residues well within the legally permissible limits may interact.

The full scope of the dangerous interaction of chemicals is as yet little known, but disturbing findings now come regularly from scientific laboratories. Among these is the discovery that the toxicity of an organic phosphate can be increased by a second agent that is not necessarily an insecticide. For example, one of the plasticizing agents may act even more strongly than another insecticide to make malathion more dangerous. Again, this is because it inhibits the liver enzyme that normally would "draw the teeth" of the poisonous insecticide.

What of other chemicals in the normal human environment? What, in particular, of drugs? A bare beginning has been made on this subject, but already it is known that some organic phosphates (parathion and malathion) increase the toxicity of some drugs used as muscle relaxants, and that several others (again including malathion) markedly increase the sleeping time of barbiturates."

Malathion has been known to induce severe muscular weakness to chickens, accompanied by destruction of the sheaths of the sciatic and spinal nerves. But Harmless!

(section in quotes, taken from Rachel Carson's Silent Spring)

DR. PINDERHUGHES CALLS FOR SUPPORT & UNDERSTANDING OF AMERICAN BLACK PEOPLE

(condensed)

If thwarted and further oppressed rather than understood and supported by whites, American Black people, growing in strength, but feeling like a blinded, chackled persecuted captive, without hope of freedom or victory, could, as Sampson did, bring the temple down upon self and upon the enemy.

The warning is sounded by Dr. Charles A. Pinderhughes, Associate Professor of Psychiatry, Tufts University School of Medicine and Director of Psychiatric Research, Veterans Administration Hospital, Boston.

"As long as our society fails to seek understanding and constructive relationship to the Black Power class of reactions," he stressed, "progress toward democracy, equality, mutual-ity and consideration in intergroup relationships will be impossible."

Dr. Pinderhughes possesses the credentials to comment, evaluate and offer solutions to the problems which today appear to be bringing the black and white races in America to a wider polarization.

A resident of Roxbury and active at both the community and policy-making levels, he has been deeply involved in the movement which sought to bring about change first by demands for intergration and then by the present-day call for black separation, self-development, and autonomy as a step toward full equality and participation with whites in American life on what they had seen in brief television appearances they would get a clearer picture of the man. His utterances quoted by the press are out of context with his real purpose of trying to unify black people to protect themselves, think well of themselves and more actively participate in determining a constructive course for their lives."

"The Black Power class of

reactions involve disparity in paired parties, with one in power and the other in dependency, when the dependency party seeks equal status, while the party in power resists."

"A comparison can be made with the conflicts between labor and management, women suffragettes and men, college students and college administrators, and between adolescents and adults.

"The fact that they are often managed badly with unnecessary conflict, and at times riots, primarily reflects the unrecognized immature motivations of persons in power. Their lack of understanding, use of power, sense of entitlement, and lack of cooperation are retained from early childhood patterns.

"They denigrate others and aggrandize themselves. They are more responsive to the needs of a single individual with whom they identify, than to a million individuals they see as outsiders."

Dr. Pinderhughes went on to explain how appearance-related paranoia, hierarchy-related paranoia, and group-related paranoia create misinformation and delusions about self and other people.

"Regardless of the factors responsible for its development, influential meaning is associated with color, with hierarchy, and with relationship to one's group. White generally connotes the bright, the nobler, and the 'good', while black connotes the sad, the gloomy, and the 'evil'. Persons viewed as 'high' are assigned more value than those seen as 'low'. Members of one's own group are aggrandized while outsiders are devalued. These associations when projected during the process of perceiving and evaluating other persons provide an unconscious basis for

false beliefs. All persons share the primitive psychological processes derived from the projection of attitudes about upper and lower, and light and dark body parts and products.

"Accommodation to groups generally reactivates latent paranoid processes to varying degrees as members of a group learn to project the same interpretation to a given object or idea, while members of a different group may project different meanings upon the same object.

"Groups do not recognize delusions as long as all members believe them. They require group members to remain loyal and to use their reason and other faculties to support group delusions.

"This group-related paranoia has not been considered pathological by psychiatrists. However, it is responsible for such extensive intra-psychic, inter-personal, and inter-group conflict, for so many misunderstandings, acts of violence and deaths on a massive scale, that psychiatrists may come to identify it as the most serious disease-producing factor in our era."

"Violence is in no way central in Black Power concepts except for

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JC-ETTES APPEAL FOR VOLUNTEERS

About seventy persons were in attendance recently for a program on "Patterning of the Brain Damaged Child" sponsored by the Agawam Jaycee-ettes. Represented were parents of children with braindamage as well as many generous people who are willing to donate a little of their time to help with the patterning and rehabilitation of the stricken children.

The film "what Ever Happened to Eight?" illustrated graphically how the program engineered by the Institute on Human Development can offer hope to patients that in the past might have been restricted to living out their lives in a bed or wheelchair. However, the film as well as those parents that have faced the problem, point out the need for volunteers to carry out the prescribed program for the individual child.

The procedure, which is not difficult, was demonstrated by Mrs. Richard Handy, Mrs. Frank Rescigno and Mrs. Blanche DePalo L.P.N. with Mary Lou DePalo pretending to be the patient.

Mr. Martin Bryan, an associate of The Institute of Human Development in Pennsylvania, explained the scientific reasoning behind the fact that performing an action repeatedly can train an unused portion of the brain to take on a duty formerly performed by

now-damaged brain tissue. Dr. David Morse, a Northampton physician, spoke on the subject from the viewpoint of a doctor as well as a concerned father.

The Chelmsford chapter of the Jaycee-ettes has been very active in this field. Mrs. Jan Greeno, State President of the Jaycee-ettes, Mrs. Myra Silver, State Parliamentarian, and Mrs. Jean Murray traveled to Agawam to attend and offer assistance.

It is the hope of the Agawam Jaycee-ettes, who have already pledged their support to this cause, that many men and women can find approximately one and one half hours every week to helping a child in need, for it is certain to pay extra dividends to the individual that watches helplessness turn to happiness.

If you wish to volunteer, please call 739-4956.



"The baby sitter should be here soon. I've spotted her boyfriend lurking around outside!"



KAREN M. LONCRINI, daughter of Mr. and Mrs. Leo A. Loncrini of 128 Cooley Street, Agawam, will be entering her freshmen year at Albertus Magnus College, New Haven, Connecticut.

She is a 1968 graduate of Agawam High School. In school she was the assistant editor of the school yearbook. Karen plans to major in Psychology.

LOCAL ITEMS CAN NOT BE ACCEPTED AFTER MON.

AM

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Elizabeth LeDuc, Owner

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CHAREST ANNOUNCES FOR RE-ELECTION

I take this opportunity to announce my candidacy for re-election to the Board of Selectmen in Agawam.

It has been my privilege to serve the people of Agawam for the past six years as Selectman. I also served on the Planning Board and the School Committee and as Chairman of each position.

I now ask that this privilege be extended to a third term as your Selectman.

There are numerous unfinished issues which must be completed, together with many problems that are being studied for action by the Board of selectmen. It is important, therefore that a person with experience and qualifications should be retained on this important board so that this work may be completed.

LOOKING FOR BARGAINS?



Watch the CLASSIFIEDS

If a youngster cares enough to look for a summer job, he's interested in his future. It's your future as well. Give him a job this summer. Call your local state employment service today.

THE HONEY BEE



A strong Hive of Bees contains approximately 75,000 Bees.

A Honey Bee makes 154 trips for one teaspoon of Honey.

Actual weighings have shown that it takes about 20,000 trips to bring in a pound of nectar from the flowers and blossoms.

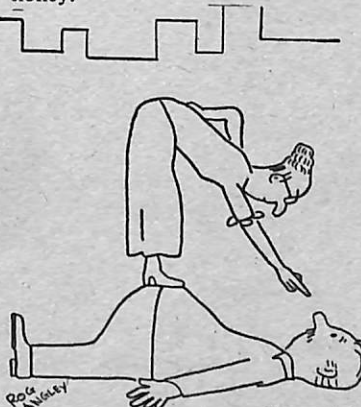
To gather a pound of Honey a Bee flies a distance equal to more than three times around the world.

It takes 160,000 Bees hours to produce a pound of pure ripened Honey.

The Honey Bee is very important. It increases fruit, vegetable and other crops 25% to 30% by pollination.

Our food supply from these sources would decrease greatly if it were not for the Honey Bee.

There is an infinite variety of poisons on the market, to rid the garden of insects, and most of them will either kill bees, or poison their honey.



I tell you every week and do you learn? No. Get me a subscription to the AGAWAM NEWS.

Legal Notices

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the estate of MARIA V. BERTOLDI late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by FLORENCE J. OTTO of said Agawam praying that she be appointed executrix thereof without giving a surety on her bond.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the twentieth day of August 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this sixteenth day of July 1968.

JOHN J. LYONS, Register
July 25, Aug. 1, 8

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the estate of WILLIAM E. HILBIG otherwise WILLIAM HILBIG late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by HILDEGARDE HILBIG of said Agawam praying that she be appointed executrix thereof without giving a surety on her bond.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the sixth day of September 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this tenth day of July 1968.

JOHN J. LYONS, Register
July 25, Aug. 1, 8

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the estate of ANTOINE J. STATKUN late of Agawam in said County, deceased, in testate.

A petition has been presented to said Court for license to sell at private sale certain real estate of said deceased, and that the petitioner may become the purchaser of said real estate.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the twentieth day of August 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this ninth day of July 1968.

JOHN J. LYONS, Register
July 25, Aug. 1, 8

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the estate of ANTOINE J. STATKUN late of Agawam in said County, deceased, in testate.

A petition has been presented to said Court for license to sell at private sale certain real estate of said deceased, and that the petitioner may become the purchaser of said real estate.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the twentieth day of August 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this ninth day of July 1968.

JOHN J. LYONS, Register
July 25, Aug. 1, 8

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in a petition for adoption of ROBERT MARSHALL LUMPKIN of Agawam, in said County.

A petition has been presented to said Court by ROY A. MCKINNEY and CHERYL L. LUMPKIN MCKINNEY his wife, of said Agawam, praying for leave to adopt said ROBERT MARSHALL LUMPKIN a child of RALPH MARSHALL LUMPKIN, of Kansas City, in the State of Missouri and CHERYL LYNN MILLER LUMPKIN now CHERYL L. LUMPKIN MCKINNEY, his former wife, and that the name of said child be changed to ROBERT MARSHALL MCKINNEY.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this sixteenth day of July 1968.

JOHN J. LYONS, Register
Aug. 1, 8, 15

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the estate of ETHEL LIND WHITMARSH late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by NATALIE L. WHITMARSH and SHIRLEY E. EMERSON, both of said Agawam praying that they be appointed executrices thereof without giving a surety on their bonds.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this twenty-fourth day of July 1968.

JOHN J. LYONS, Register
Aug. 1, 8, 15

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the trust estate under the will of EARL E. DENNETT late of Agawam, in said County, deceased, for the benefit of SALLY ANN THOMPSON and others under the second clause of said will.

The trustee of said estate has presented to said Court for allowance its first account.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the twentieth day of August 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this seventeenth day of July 1968.

JOHN J. LYONS, Register
Aug. 1, 8, 15

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the trust estate under the will of LORIN W. FISK late of Agawam, deceased, for the benefit of THE AGAWAM CONGREGATIONAL CHURCH, AMERICAN BOARD OF COMMISSIONERS FOR FOREIGN MISSIONS AND CONGREGATIONAL HOME MISSIONARY SOCIETY under the first clause of said will.

The trustee of said estate has presented to said Court for allowance its thirty-ninth account.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this twenty-fourth day of July 1968.

JOHN J. LYONS, Register
Aug. 1, 8, 15

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the trust estate under the will of EDITH BOOTH late of Agawam, in said County, deceased, for the benefit of JESSIE C. HOFMEYER and others under the sixth clause of said will.

The trustee of said estate has presented to said Court for allowance its third to the fifth accounts inclusive.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the third day of September 1968 the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this fifteenth day of July 1968.

JOHN J. LYONS, Register
July 25, Aug. 1, 8

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in a petition for adoption of MICHELLE LYNN LUMPKIN of Agawam in said county.

A petition has been presented to said court by ROY A. MCKINNEY and CHERYL L. LUMPKIN MCKINNEY his wife, of said Agawam, praying for leave to adopt said MICHELLE LYNN LUMPKIN a child of RALPH MARSHALL LUMPKIN, II, of Kansas City, in the state of Missouri and CHERYL LYNN MILLER LUMPKIN, now CHERYL LYNN LUMPKIN MCKINNEY his former wife, that the name of said child be changed to MICHELLE LYNN MCKINNEY.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the third day of September 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this sixteenth day of July 1968.

JOHN J. LYONS, Register
Aug. 1, 8, 15

After previewing film, movie executive to staff: "Let me put it this way, boys. Do you think it's worth hiring a sitter for?"

DR. PINDERHUGHES

(Cont. from Page 1)

defense and self-preservation. For many blacks it means learning and testing new roles, learning not to capitulate and surrender themselves and experiencing a period of dictating, setting the structure and running the show in the important areas of their lives.

"For most blacks it involves a new relationship to their emotions, especially to anger toward whites which they now can permit, accept, and learn to master.

"White power used without conscience and black conscience without power result in continuation of an abusive and oppressive social order. What most whites perceive as an orderly American social system, most blacks experience as unresponsive, unremitting, dehumanized, quiet, courteous institutionalized violence not unlike colonialism.

"In the early phases of the Black Power movement some abuses will occur as some black people take advantage of the new sanctions provided by the movement.

"Black citizens who do not participate may unwillingly surrender control to their community leaders who are inconsiderate, hostile or even irresponsible.

"In the phases of the Black Power movement to come, assuming that increased collaboration, rather than increased conflict, is to develop between the powerful and the powerless in this country, integration on a significant scale will, for the first time, be possible.

"If enough influential whites are able to perceive the nature and severity of the illness - this shared paranoid condition - to participate constructively in an alliance with the Black Power movement, the development of trust, positive bonds and cooperation will make peer relationships between blacks and whites possible.

"Only when the mature influential persons in the United States develop a burning desire and sufficient power to mitigate the competitive orientation of behavior by increasing the equality, justice and mutuality of orientation, will exploitation, discrimination and inhuman victimization decline."

"We can go about doing thing in two ways; the easy way - with reasoning - or the hard way, which is the one we always seem to choose. Instead of resolving social problems by acknowledging them, diagnosing them and then correcting them by action in concert we wait for the dynamics of political activity to solve the problems.

"We don't employ power in the political sphere with conscience. power is aligned with anti-social activity in the political sphere as often as it is aligned with pro-social activity. This leads not only to the perpetuation of the existing problems but to the creation of new ones.

Rubbish Collection

Schedules

Fri., - Aug. 9	Rte. 10
Mon., - " 12	Rte. 1
Tues., - " 13	Rte. 2
Wed., - " 14	Rte. 3
Thurs., - " 15	Rte. 4
Fri., - " 16	Rte. 5

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NIH RESEARCH FOR HEALTH

A REPORT FROM
THE NATIONAL INSTITUTES OF HEALTH
BETHESDA, MARYLAND

Artificial Kidneys

"Bones can break, muscles can waste away, glands can loaf, even the brain can go to sleep without immediate danger to survival. But should the kidneys fail . . . neither bones, muscle, gland nor brain could carry on."

So said the late Homer W. Smith, a noted physiologist, some years ago. Today, however, his statement might be altered to conclude with the words "without benefit of artificial kidneys." For these remarkable devices are permitting many Americans suffering from kidney failure to carry on near-normal, productive lives. It was not always thus.

Artificial kidneys are mechanical devices that can be used to cleanse the blood when the natural kidneys fail to do the job. Until permanently functioning transplantation of healthy donor kidneys becomes a practical reality, artificial kidney therapy is the only hope for survival for the majority of patients with kidney failure.

Only seven years ago, it was necessary at each treatment to insert tubes into a major vein and artery to conduct the flow of blood from the patient to the artificial kidney machine and back. The number of times a patient could be "hooked-up" to the device was limited. Then, in 1960, a group of scientists in Seattle announced the successful development of a system of permanently-implanted plastic tubes in an artery and vein which permitted patients to be connected repeatedly to an artificial kidney.

Although this research finding marked a new era in artificial kidney therapy, two major

obstacles remained to be overcome: the complexity and the extremely high cost of treatments, which make the service unattainable for many patients.

In the summer of 1965, however, Congress appropriated funds to the National Institute of Arthritis and Metabolic Diseases (NIAMD) of the National Institutes of Health to step up research aimed primarily at solving these two problems. The institute supported the work of the investigators who developed the permanently-implanted tubes.

Dividends are already resulting from the new Artificial Kidney Program. A compact, more efficient artificial kidney has been developed which has the potential of markedly lowering the time and blood transfusion requirements, as well as the cost of such treatments.

During 1967, a new technique for storing and re-using conventional artificial kidney equipment was devised which reduces the cost and simplifies the work involved in assembling and disassembling the equipment, particularly in the patient's home. This procedure results in an estimated saving of about \$800 per year and a 30 per cent reduction in the work involved.

One long-range goal of the institute research program is development of a foolproof, simple, and effective artificial kidney which could be used by the average patient without outside help.

Although some progress has already been made in this direction—with the development of an experimental disposable "cartridge"—much tedious and painstaking research remains to be done.—202-AMD-668

Far - Out Recipes From Far - Off Places



Would you believe . . . "Mona Pizza" — a delicious, delectable dish from every angle — "Potted Whale Meat Mama-San" or "Reindeer Meat Balls" (with horseradish sauce?) or if that is not enough to grab you, how about "Sherried Oriental Octopus"?

All these gastronomic delicacies, guaranteed to have never been made by mother, are available in a newly created "tongue-in cheek" recipe leaflet that will tickle your funny bone as well as your palate.

The popularity of "far-out" foods has prompted the creation of a far-out recipe leaflet, and though for a time there seemed to be unsurmountable problems of a censorial nature, it's now available complete and unabridged.

Order your copy of "Far-Out Recipes from Far-Off Places"

free of charge by writing COST PLUS IMPORTS, 2552 Taylor Street, San Francisco, California.

In the meantime, try "Mona Pizza" tonight. Pour teaspoon hot oil over slices of Italian bread. Top with slice or cube of Mozzarella. Add layer of canned tomatoes. Season with salt and pepper. Bake for 15 minutes in hot oven or until toasted. If you prefer, substitute 2 or 3 anchovies instead of tomatoes. Bake for 10 minutes until well toasted. It's a guaranteed smile-getter!

A lawyer was attending a funeral. A friend arrived late and took a seat beside him, whispering, "How far has the service gone?"

The lawyer nodded toward the clergyman in the pulpit, and said: "He's just opened for the defense."

Percy - Did the noise we made worry your folks when I brought you home last night?

Mary - Oh, no! It was the silence.

If your conscience won't stop you, pray for cold feet.

STEREO LAB ELECTRONICS

DOES IT AGAIN!



THIS WEEK'S SPECIAL FEATURE

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Add "Twist" To Your Barbecue



Here's a great new twist from the Pennsylvania Dutch country for your next barbecue — hot pretzels. (That's the way the pretzel bakers themselves eat pretzels.) The trick is to put the pretzels on a pan or piece of foil where they'll stay oven hot — and eat them with a variety of simple dips (the pretzel bakers just dip them in mustard straight from the jar).

For the barbecue itself — how about juicy hamburgers, mini-dogs (to be picked up in the fingers and dunked and eaten) — with fresh roasted ears of corn and crispy cold radishes and tomatoes? Thick slices of tomato are delicious and juicy with the hamburgers.

Dips are Simple

For the hot dog and pretzels, use catsup, chili sauce or mustard as a dip — and use the same for spreading on the hamburgers. Or make sock-it-to-me hot sauce in advance and use it for any and all purposes at the barbecue — it has a full, delicious flavor.

Sock-It-To-Me Sauce

Mash 1 cup of cooked red kidney beans and beat into them: 1 teaspoon chives (frozen or dried), 1/4 teaspoon salt, a dash garlic minced, 3 drops tabasco, 1/2 teaspoon chili powder and enough sour cream to make a smooth dip.

how to do

Q. How can I remove the perspiration odor from men's woolen shirts?

A. If ordinary laundering proves unsuccessful, try adding a little vinegar to the rinse water.

Q. How can I clean a velvet dress?

A. First brush off as much dust as you can with a soft brush; then turn the dress inside out and hang it in the bathroom while you take a hot shower. After it's been steamed that way, let it dry completely before you handle it again.

Q. How can I clean gold braid?

A. This can be cleaned and brightened by brushing it first with a stiff brush and then rubbing powdered alum well into the braid. Let the alum remain, and the braid will take on a brighter look after an hour or two.

Work provides more than a livelihood. It means dignity in the community. The promise of a job can keep a youngster in school. It can give him a sense of purpose. The chance to "make something" of his life. If he wants a summer job, he cares. Help him reach out. Give him a job this summer. Call your local state employment service today.

SOMETHING NEW IN PIPELINES

(Cont. from Page 1)

said. "It was a time-consuming task because the joints were sometimes only twelve feet apart. Now we can seal internally by filling the entire section of main with a rubber-like material. Sections of pipe 500 feet or longer can be treated, tested and the excavations at each end filled and repaved within a few days. It saves us a lot of digging and minimizes inconvenience to passersby," he said.

"First a section of pipe is isolated, and subjected to high pressure air tests. From these we can determine the condition of the seal provided by the old packings. These high pressure air tests will let us know whether a segment of pipe needs to be replaced perhaps years before actual replacement becomes necessary, and we can schedule it in advance."

"Next a bluish viscous fluid is introduced into the pipeline. Under pressure, the fluid covers the walls and fills the joints before it solidifies into a hard, rubber-like coating. You see, the substance not only penetrates into the old caulking material, making a tremendously effective seal, but it also protects the entire inner wall of the pipe as an additional safety factor before the excess is removed."

"When the coating has dried, the pipe is tested again so that we're sure that the seal is perfect," he smiled, patting his hand against the big pipeline. "No, it's not exactly like the stuff they build into those self-sealing automobile tires," he said, "but in terms of efficient pipeline service to our customers, it's probably a lot better."



"Mary, turn on your outside light!"

Help Wanted — Male

Interviewers: A New England Research firm needs part-time interviewers to conduct door-to-door surveys in the Agawam area in September 1968. No selling, some evening and weekend work. Hourly rate plus expenses. Experience not required. Car necessary. Send qualifications, address and phone to Box 122.

TENNIS TOURNAMENTS CLOSE FOR SEASON

Qualifying tennis tournaments sponsored by Parks and Playgrounds have come to a close with the following children representing their play grounds in the 12th annual event which opens Saturday at the High School courts; following children will report as follows, Saturday, Boys at 9:30 A.M.; All girls, Sunday at 1 P.M.

16 and under: Phelps, Mike Williams, Bob Castellanos, Don Wheeler, Gary DeSimone, Glenn Tatro and John Davies; 12 and under, Jeff Carmody, Doug Mille, Dave Quigley and Tom Tatro; 10 and under, Tom DeSimone, Mike LeBlanc, Darcy Davis and John Girard.

Phelps, girls 16 and under: Debbie Craig, Lucinda Toelken, Martha Moriarty, Wendy Mechart and Denise Gagnier; 12 and under, LeeAnn Hart, Cynthia LeBlanc, Sue Wheeler and Lisa Barry; 10 and under, Marcia Atwater, Cherie St. Germain, Ann Marie Fischer and Pattie Miller.

High School entries are: Boys, 16 and under, Joe Russo, Anthony Bonavita, Mike Spinelli and Mike Stefanik; 12 and under, Carlo Bonavita, John Bonavita, Ricky Stefanik and Peter Spinelli; 10 and under, Jim Gallerani, Kevin Donovan, Richard Gallerani and Jeff Balboni.

High School, girls; 10 and under, Nancy Ann Bonavita, Mary El Blakesley, Celese Callucci and Gail Bellame; 12 and under, Marcia Smith, Cindy reault, Debby Nostin and Colleen Blakesley; 16 and under, Luann Della Pe, Nancy Cincotta, Candace Gallucci and Donna Morassi.

Shea's, boys 16 and under, Leo Carey, Joe Davis, Mike Robinson, and Ken Blackwood; 12 and under, David Amours and Martin Davilli and 10 and under, Art Blackwood; Girls, 12 and under, Susan Carey, Susan Gaudet and Patt Robinson; 10 and under, Cherie St. Germaine, Linda Gaudet and Denise Kane.

Top seeded in their respective divisions are the following: Anthony Bonavita, Donna Morassi, Carlo Bonavita, Lee Ann Hart, Marcia Atwater and Kevin Donovan.

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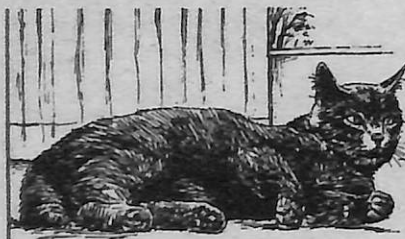
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SPONSORS FOR TOURNAMENTS

The following list of sponsors have been announced for the 12th annual tennis tournament sponsored by the Parks and Playground Commission: A sincere note of thanks is extended at this time for without the sponsors, trophies or prizes would not be possible.

Agawam Flower Shop, Agawam Tennis Club, Benjamin S. Bassani, Carlo Bonavita, Boyer's Garage, Vincent R. Caroleo, City Rambler, Spfld.; Selectman Ray Charest, Frank Chriscola, Selectman Edward Connelly, Richard Dudek, Ferrara Springs and Parts, Food Marts, Frank Grasso, Keefe Florist, Rep. Walter T. Kerr, Lou Lovotti, John Pierce Lynch, Ray Nardi, Riverside Park, Gino Rossi, St. Ann's Country Club, Sarat Ford, Scherpa's Garage, Superette, Tinti's Restaurant, Ye Old Coach Motel and Mick Zucco, Rudy Altobeli.

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STATE TREASURER ASKS PATIENCE

Because of the tremendous amount of work involved in setting up this new Vietnam Bonus Division in the State Treasury, I earnestly request that the veterans allow at least two weeks before applying. Applications must be printed and records, files, photostating equipment must be set up to take care of this new bonus.

Through the news media, I earnestly request the veterans be patient, and they will all be taken care of as expeditiously as possible.

If there are any questions, kindly write to the State Treasurer, Robert Q. Crane, at the State House, Boston, Massachusetts or contact the various veterans organizations for additional information.

Green Thumb Tips

Do you know that if you live in a mild climate your plants of snapdragons are likely to winter and come up again, bigger and better, next spring? Even in colder areas a heavy covering of litter often will save the plants for another year.

Snapdragons act this way because they aren't really annuals - we just treat them as if they were. They're really perennials and, given a chance, their roots will survive the cold.

Lady--Could I see the captain?

First Mate--He's forward, miss.

Lady--I'm not afraid. I've been out with college boys.

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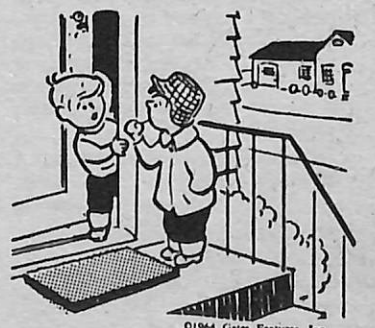
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